	Stuff or Elements	Relationship & Environment	Foundation & Structure
	Matter (Knowledge)	Water & Atmosphere (Comprehension)	Land & plants (Application)
Theme or Characteristics	Identification of "stuff"	Understand context	Do & build
Student Activity	Identify/Experience Performing	Explore/Contextualize Performing	Build skills/ Practice Performing
*Time- (when)duration and speed of movement, rhythms, metric or non-metric Space- (Where) place that movement occupies in space, i.e. level, direction, path, planes; design of the body in space (shape). Energy- (How) the amount of force with which a movement is performed or the qualities of motion with are percussive, sustained, swinging, vibratory, rebounding, exploding, suspending, and collapsing. Choreograph- create dances	Experience. What are the elements of dance? Identify and Experience (see terminology handout) What will the students identify and explore in today's lesson? Body Time- Experience/Identify Tempofast, medium, slow, still Space- Experience/Identify Shapecurved, straight- angular-Energy- Ideas from: literature, stories, poems, pictures, games, fabric, objects, sounds, curriculum, etc.	Explore. How do we explore and contextualize (find the relationships) between and with the elements? Guided exploration – a. create shapes (curved, straight, angular) b. move to the time of fast, medium, slow and still	Practice. How do we begin to build skills? Practice each skill to be used and combine into a sequencing of movement. Practice- shapes and time

Systems - Cause & Effect Sun, moon, stars (Analysis) Governing orders	Expansion-Higher & Deeper Life in water & air (Syntheses) Expand higher & deeper	Mastery and Service Life on Land (Evaluation) Show what you know Evaluate what has been learned to be able	
Recognize systems and analyze the cause and affect phenomena all around us. Analyze/Connect	Synthesize & expand knowledge through research, creativity, design and development. Construct/Produce	to really use it in a positive way. Perform/Present/Teach	
Inter-Connecting	Creating	Perform/Respond	
Integrate. Using improvisation students can use one element or many elements/ideas to integrate in unique ways noticing how the changes expand the original concept. Students begin to make personal movement choices. This can happen in many ways (e.g. response, alteration of sequence order, alteration/manipulation of the elements, connections to curriculum, music, group work, cultures, etc). This will have more or less complexity according to grade level.	Create. How do we create a dance from the skills explored, practiced, and sequenced? Ask the students to go deeper using the elements presented. Movement choices become clearly defined and set. The dance can be repeated. (This will be expected to have more or less accuracy depending upon grade level)	Perform/Assess/Evaluate. Students are given the opportunity to perform for peers followed by a perceive and reflect session: What did you see? What did you like? Why? What would you do different?	